Mondoy FreshEats

"Menus ore subiect to Change

## WHAT MAKES A MEAL?

Students must choose at least 4 of 5 components available for the school breakfast price.

The components include:

- Meat or Meat Alternative
- Choice of Vegetable
- Choice of Fruit
- Choice of Grain/Bread
- Choice of Milk
*a half cup portion of a fruit or vegetable must be one of the 3 components


## Pizza of the Day -> <br> Salad, Wrap, or $\rightarrow$ > Hoagie of the Day




This institution is an equal opportunity provider.


## DAILY MILK CHOICES:

## Low Fat White

Fat Free Chocolate
Low Fat Strawberry

